

## Chapter 18: Resource Guide

### SPINAL CORD MEDICINE HANDBOOK FOR PATIENT & FAMILY



## Community Resource Guide

Frazier Rehab and Neuroscience Center  
220 Abraham Flexner Way  
Louisville, Kentucky  
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(866) 540-7719 (Toll Free)

(502) 582-7415

[www.spinalcordmedicine.com](http://www.spinalcordmedicine.com)

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## LISTING OF RESOURCES

### Assistive Technology

Assistive technology (AT) is about using technology to find new ways to do things. It includes equipment and adaptations that enable a person with a spinal cord injury or other disability to compensate for physical limitations, learning disabilities or visual problems. AT might include: a wheelchair with specialty controls or a customized drive method, ramps, driving adaptations, computer adaptations like an alternative keyboard or speech recognition software for hands free computer operation. Today, so many common activities like banking, shopping, video chats and healthcare research can be performed with a computer and the Internet. The ability to use a computer opens the door to education, employment and important sources of volunteerism and community interaction. Thus, learning to use the computer may be an important new life skill for a person with a spinal cord injury.

Frazier has an Assistive Technology Resource Center (ATRC) on the 11th floor next to the outpatient Spinal Cord Medicine rehab gym. It provides evaluation and training in the use of: Wheelchair Seating and Mobility, Adapted Computer Access, Electronic Aids to Daily Living, Alternative and Augmentative Communication, and home

and workplace modifications. A referral from a physician is needed for evaluation funded by health insurance. A referral can also be made by a vocational rehabilitation counselor and/or a worker's compensation case manager. Dr. Mary Ellen Buning is the director of Frazier's ATRC. To schedule an evaluation appointment call 502 582-7660.

The Kentucky Assistive Technology Network (KATS) is a statewide AT resource. The services it provides include:

- Loan of assistive devices
- Assessments and evaluations
- Consultations on appropriate technologies
- Low interest loans for purchasing AT
- Funding information and referrals

KATS – Center in Louisville                      [www.katsnet.org](http://www.katsnet.org)                      502 429-4484  
502 429-7114  
800 327-5287

enTECH or Enabling Technologies, is also part of the KATS network and is located within Spalding University's Occupational Therapy Department. The center provides consultations, demonstrations, training and information about how microcomputer technology can assist people with disabilities.

Joy Vessels at [jvessels@spalding.edu](mailto:jvessels@spalding.edu)                      502 585-9911 or                      800 896-8941

All states have federally funded assistive technology programs. Regional programs include:

- The Indiana Assistive Technology Project                      [www.patinsproject.com/](http://www.patinsproject.com/)
- Assistive Technology of Ohio                      <http://www.atohio.org/>
- TN Technology Access Program  
<http://www.icdri.org/legal/TennesseeATP.htm>

Some additional AT resources for Spinal Cord Injury include:

- Microsoft                      [www.microsoft.com/enable](http://www.microsoft.com/enable)
- Apple Computer                      [www.apple.com/au/accessibility](http://www.apple.com/au/accessibility)
- Ctr for AT & Environmental Access                      [www.catea.gatech.edu](http://www.catea.gatech.edu)
- Jim Lubin                      [www.makoa.org/jlubin/closeup.htm](http://www.makoa.org/jlubin/closeup.htm)
- WheelchairNet                      [www.wheelchairnet.org](http://www.wheelchairnet.org)
- Wheelchair Junkie                      [www.wheelchairjunkie.com](http://www.wheelchairjunkie.com)

### Assistive Technology Products

Each site has a database for assistive technology products and their manufacturers.

- AbleData                      [www.abledata.com](http://www.abledata.com)                      800 227-0216
- EnableMart                      [www.enablemart.com](http://www.enablemart.com)                      888 640-1999
- Broadend Horizons
- AbleNet

## Caregivers

Persons with spinal cord injuries may require 24 hour supervision or assistance from a caregiver initially at discharge or indefinitely. Most medical insurance policies do not provide such coverage though some do. There are agencies that can be hired to provide caregiver services for specified rates. Some families will hire caregivers privately. If you are interested in caregiver assistance, please discuss this with your Frazier case manager.

The Personal Care Attendant Program coordinated by the Center for Accessible Living may provide some assistance in paying for caregivers though the waiting list is usually long.

The Center for Accessible Living and other organizations continue to advocate for additional federal funding for the personal care attendant program. You can help by contacting your state and federal representatives to voice your concern for the need for adequate funding.

## Children - Services for

### Early Intervention Services

Early Intervention Services provide: evaluation and development of individual family service plans; nursing and nutrition assessments; physical and occupational therapy; communication development; assistive technology; skill development services; vision and audiology services; respite; and transportation to children age birth to 3 years.

Kentuckiana District, First Steps  
3717 Taylorsville Rd.  
Louisville, KY 40220

502 459-0225

Southern Indiana, First Steps  
2520 Shrader Avenue  
New Albany, IN 47150

812 945-2353

### Education and School Re-Entry

Legislation, such as the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, provides all children the right to a free and appropriate education. The law says that children with disabilities must be provided the same opportunity to learn as children without disabilities. State Departments of Education provide many services including: home/hospital tutoring and the development of an individualized education plan for school entry and re-entry for children with special needs.

Kentucky Department of Education  
Capital Plaza Tower  
500 Mero Street  
Frankfort, KY 40601

[www.kde.state.ky.us](http://www.kde.state.ky.us)

502 564-2000

Division of Preschool Programs in Jefferson Co, KY 502 564-7056  
Jump Start (Ages 3-4) - Jefferson County only  
Head Start (Ages 4-5)

Indiana Department of Education [www.doe.state.in.us](http://www.doe.state.in.us) 317 232-6610  
Room 229 State House  
Indianapolis, IN 46204

Health Care Assistance for Children

The following agencies may assist in funding for services, testing or equipment not covered by health insurance. Families will need to meet specified income criteria. Also see Medical Assistance in section below.

Kentucky Commission for Children with Special Health Care Needs 502 595-4459  
1405 E. Burnett  
Louisville, KY 40217

Indiana Children's Special Health Care Services 812 794-3227  
(Floyd Co.)  
824 University Woods, Suite 9  
New Albany, IN 47150

**Education**

Adult Education Lifelong Learning [www.adulted4u.com](http://www.adulted4u.com) 502 922-9436  
546 S 1st Street

Aherns Learning Center [www.jcpsky.net/](http://www.jcpsky.net/) 502 485-8636  
546 S 1st St

Canaan Community Dev. Ctr. [www.ccdcky.org/](http://www.ccdcky.org/) 502 776-6369  
2840 Hikes Lane

KCAC [www.kentuckianacollegeaccess.org/](http://www.kentuckianacollegeaccess.org/) 502 584-0475

U of L Disability Resource. Ctr. [www.louisville.edu/disability](http://www.louisville.edu/disability) 502 852-6938  
120 Robbins Hall

Jefferson Co Technical College 502 213-2449  
[http://www.jefferson.kctcs.edu/Current\\_Students/ARC.aspx](http://www.jefferson.kctcs.edu/Current_Students/ARC.aspx)

Other Helpful Websites

The international Center for Disability Resources on the Internet

[www.icdri.org/financial%20aid/finaid.htm](http://www.icdri.org/financial%20aid/finaid.htm)

College grants and scholarships for students with disabilities  
[www.collegescholarships.org/grants/disabilities.htm](http://www.collegescholarships.org/grants/disabilities.htm)

[www.disability.gov/education](http://www.disability.gov/education)

## **Employment**

### Vocational Rehabilitation

State and Regional Offices of Vocational Rehabilitation provide: assessment and testing for determining eligibility and vocational interests; counseling and guidance; physical and mental restorative services; vocational training, placement, and job coaching; transportation (driver's evaluation/vehicle modification); and telecommunications tools and other rehabilitation technological aids and devices.

You can call your local or state office of Vocational Rehabilitation to get information and/or to apply for services. If you are determined eligible, the counselor will work with you to determine which programs/services are appropriate to help you meet your vocational goals. Vocational Rehabilitation counselors will sometimes meet with patients, arranged through your case manager, while at Frazier.

Kentucky Office for Vocational Rehabilitation  
209 St. Clair St.  
Frankfort, KY 40601  
[www.ovr.ky.gov/index.htm](http://www.ovr.ky.gov/index.htm)

502 564-4440  
800 372-7172

Louisville Area Vocational Rehabilitation Office  
Jefferson County (KY)  
600 West Cedar St  
Louisville, KY 40202

502 595-4173

Indiana Family & Social Services Administration  
Department of Vocational Rehabilitation  
402 West Washington  
PO Box 7083  
Indianapolis, IN 46207  
[www.in.gov/fssa/ddrs/4938.htm](http://www.in.gov/fssa/ddrs/4938.htm)

800 545-7763, ext. 1319

Dept. of Vocational Rehab  
Clark, Harrison, Floyd Counties & Scott Counties (IN)  
1452 Vaxter Avenue  
P.O. Box 2517  
Clarksville, IN 47131-2517

812 288-8261  
877 228-1967

*Return to work for Agricultural Occupations*

Kentucky AgrAbility provides education and technical assistance to agricultural operators and farm family members who face the challenges of a disability.

Kentucky AgrAbility  
304 Garrigus Building

606 257-1846  
800 333-2814

University of Kentucky  
Lexington, KY 40546-0215  
[www.ces.ca.uky.edu/agrability/](http://www.ces.ca.uky.edu/agrability/)

Indiana AgrAbility, Breaking New Ground  
ABE Building  
225 S. University St.  
West Lafayette, IN 47907

Voice/TT: (800) 825-4264  
Voice/TT: (765) 494-5088

[www.cobweb.ecn.purdue.edu/~agenhtml/ABE/Exension/BNG/Resource%20Center/resourcecenter.html](http://www.cobweb.ecn.purdue.edu/~agenhtml/ABE/Exension/BNG/Resource%20Center/resourcecenter.html)

AgrAbility in other states: [www.agrabilityproject.org/stateprojects.cfm](http://www.agrabilityproject.org/stateprojects.cfm)

*Helpful Websites*

Career Opportunities [www.cosdonline.org](http://www.cosdonline.org)  
Search engine specific for job searches specific for people with a disability.

CREW Center [www.crew.cc/careerlinks.aspx](http://www.crew.cc/careerlinks.aspx)  
Connecting Resources Education and Workforce – individual career counseling, assessment, resume writing, job correspondence, co-op and internship opportunities and tutorials on Word, Excel and other software.

Search Engine [www.disaboomjobs.com](http://www.disaboomjobs.com)  
Specific for people with a disability.

Suits [www.dressforsuccess.org/affiliate.aspx?sisid=39&pageid=1](http://www.dressforsuccess.org/affiliate.aspx?sisid=39&pageid=1)  
Provides professional attire, career development tools, and network of support for women with and without a disability.

Center for Accessible Living [www.calky.org](http://www.calky.org)  
Provides professional interview attire for men with and without a disability.

Career connections [www.gettinghired.com](http://www.gettinghired.com)  
Online community for people with a disability to gather, network, and find success in the workplace with employers.

Job Accommodation Network (JAN) <http://askjan.org/>

Information, consulting, referral, and assistance with self-employment and small business development options for people with a disability.

OWL: Opportunity for Work and Learning [www.owlinc.net/](http://www.owlinc.net/)

A community rehabilitation program providing vocational services.

Medicaid Works <http://chfs.ky.gov/dms/medicaid+works.htm>

Insurance for people with a disability who work.

Work Incentives [www.nls.org/wkboklet.htm](http://www.nls.org/wkboklet.htm)

Removes barriers for people with a disability who want to return to work, but are concerned about losing their health coverage.

NBDC [www.nbdc.com/index.aspx](http://www.nbdc.com/index.aspx)

National Business and Disability Council – Resume database, job postings, accessibility services for people with a disability.

Career Decider [www.typefocus.com](http://www.typefocus.com)

Helps pin point your personality type and choose a career that fits with you as a person.

Ticket to Work [www.yourtickettowork.com/program\\_info](http://www.yourtickettowork.com/program_info)

Removes barriers for people with a disability who want to return to work, but are concerned about losing their health coverage.

PASS [www.passplan.org/learn/default.htm](http://www.passplan.org/learn/default.htm)

A Plan for Achieving Self-Support - Allows individuals to exclude income and resources that would otherwise affect SSI eligibility or payment amounts, when the money is used to meet a vocational goal.

Kentuckiana Works One Stop Career Center 502 595-4131

600 West Cedar Street 6th & Cedar

Louisville KY 40202

Education, training, job searching, resume writing, etc for people with or without a disability.

### Emergency Assistance & Preparedness

Conference Affairs Office, Society of St. Vincent 502 587-1977

1015C S Preston St [www.svdplou.org](http://www.svdplou.org)

Provides referrals for financial assistance, some emergency assistance (change of clothes, bus tickets, diapers, etc.)

Salvation Army 502 625-1170

[www.salvationarmylouisville.org/](http://www.salvationarmylouisville.org/)

Childcare

Community Co-coordinated Child Care (4C's) 502 595-4323



Clothing

Clothe-A-Child Consortium 502 772-1225  
2124 W Muhammad Ali Blvd.

Infant Resource Center 502 584-2343  
417 E Broadway  
Call for an appointment. Need ID and proof of guardianship.

Walnut Street Baptist Church 502 589-3454  
1111 S. 3<sup>rd</sup> St

Groceries

Dare to Care Food Bank 502 966-3821

Meals

Wayside Christian Mission 502 584-3711  
822 E Market Street  
(6:45a-8:30a, 11a-12:30p, 4p-5:45p)

Louisville Commodity Supplemental Food 502 595-3031  
1616 Rowan St

Provides monthly supplemental food packages for pregnant women, infants, children up to age 6, and anyone over 60 who meets income guidelines and are not participating in WIC.

**Emergency Assistance and Preparedness**

The following websites provide information on how to prepare for an emergency if you are disabled.

- [www.disability.gov/emergency\\_preparedness](http://www.disability.gov/emergency_preparedness)
- [www.dhs.gov/disabilitypreparedness](http://www.dhs.gov/disabilitypreparedness)
- [www.inclusivepreparedness.org](http://www.inclusivepreparedness.org)
- [www.osha.gov/SLTC/emergencypreparedness/index.html](http://www.osha.gov/SLTC/emergencypreparedness/index.html)
- [www.dol.gov/odep/programs/emergency.htm](http://www.dol.gov/odep/programs/emergency.htm)
- [www.dotcr.ost.dot.gov/asp/emergencyprep.asp](http://www.dotcr.ost.dot.gov/asp/emergencyprep.asp)
- [www.cdihp.org/products.html](http://www.cdihp.org/products.html)
- [www.jik.com/disaster.html](http://www.jik.com/disaster.html)
- [www.disability911.com](http://www.disability911.com)
- [www.nod.org](http://www.nod.org)
- [www.amputee-coalition.org/inmotion/jan\\_feb\\_08/pocket\\_survival\\_guide.html](http://www.amputee-coalition.org/inmotion/jan_feb_08/pocket_survival_guide.html)
- [www.diversitypreparedness.org](http://www.diversitypreparedness.org)

Utilities

Home Energy Assistance 502 574-1157  
1200 S 3<sup>rd</sup> ST  
[www.loukymetro.org/department/cap](http://www.loukymetro.org/department/cap)

Provides financial assistance, heating, blankets, and fuel.

LIHEAP 800 456-3452  
<http://chfs.ky.gov/dcbs/dfs/liheap.htm>  
Low Income Home Energy Assistance Program

Summer Heat Relief Program 502 574-1157  
810 Barret Ave Rm. 127  
Tues/Thurs 1-4p

### Equal Opportunity Agencies

The Rehabilitation Act of 1973 and the Americans with Disability Acts (ADA) of 1990 and 1995 prohibit discrimination on the basis of disability. The ADA addresses equal opportunity for:

Title I	Employment
Title II	Public Services
Title III	Public Accommodations
Title IV	Telecommunications
Title V	Miscellaneous

#### To learn more about the ADA contact:

Southeast Disability and Business Technical Assistance Center Voice/TDD 800 949-4232  
490 10th St.  
Atlanta, GA 30318  
[www.sedbtac.org](http://www.sedbtac.org)

West Virginia University Voice/TDD 800 526-7234  
P.O. Box 6080 800 232-8675  
Morgantown, WV 26506-6080  
Helps provide ideas for problems with accessibility

The President's Committee on Employment of People with Disabilities Voice 202 376-6200  
TDD 202 376-6205  
1331 F. Street, NW, Suite 300  
Washington DC 20004-1107  
Promotes employment of persons with disabilities

National Easter Seal Society 312 726-6200  
230 W. Monroe, 18th Floor  
Chicago, IL 60606  
Promotes independence for persons with disabilities

Architectural and Transportation Barriers Voice/TDD 800 872- 2253  
Compliance Board  
1331 F. Street, NW, Suite 1000

Washington, DC 20004-111  
 Issues Accessibility guidelines for the AD

**Financial Assistance**

The Social Security Administration (SSA) manages the Social Security Disability Insurance (SSDI) program and the Supplemental Security Income (SSI) program. Both programs provide benefits to individuals/families based on disability or blindness.

Comparison of the SSDI and SSI Disability Programs

The SSDI and SSI programs share many concepts and terms, however, there are also many, very important differences in the rules affecting eligibility and benefit payments. If you are judged disabled, SSDI payment is based on your tax contributions during the years you worked. SSI does not require any tax contributions. To be eligible for SSI, you must be judged disabled and meet the household income requirement. Individuals may apply or be eligible for benefits under both programs. The following table summarizes other differences between the SSDI and SSI programs.

	<u>SSDI</u>	<u>SSI</u>
Source of Payments	Disability Trust Fund	General Tax Revenues
Minimum Initial Qualification Requirements	Must meet SSA’s disability criteria Must be “insured” due to contributions made to FICA based on your own payroll earnings, or those of your spouse or your parents	Must meet SSA’s disability criteria Must have limited income and resources
Health Insurance coverage provided	Medicare after 2 year waiting period	Medicaid-eligible immediately in most states (not Indiana)
How do they figure your monthly payment amount?	Your SSDI monthly payment amount is based on the worker’s lifetime average earnings covered by Social Security. They may reduce the amount of payments if you receive Workers’ Compensation (including Black Lung payments) and/or public disability benefits, e.g., certain State and civil service disability benefits. Other income or resources do not affect the payment amount. The monthly payment amount is adjusted each year to account for cost-of-living changes.	To figure your payment amount, SSA starts with the Federal Benefit Rate (FBR). Your state supplement, if any, is added to the FBR and then your countable income is subtracted for that amount. They do not count all the income that you have. The income amount left after they make all the allowable deductions is “countable income.” The FBR is adjusted each year to account for cost-of-living changes.

The SSA will consider all applicants for disability. You will be granted disability payments when SSA has determined that you will be disabled (unable to work) for greater than one year. The application process can take several months for the initial decision. Some applicants are deferred and progress is reviewed after a period of time before a decision is made. Many applicants are denied, though there is an appeal process, which is explained in the denial letter. The appeal process can take 1-2 years. Many people have found that legal assistance can speed up this process. If you are declared disabled, you will be awarded disability based on the amount of money you contributed to the Social Security tax system from your work history.

You can use the toll free numbers below to schedule a phone interview to start your application process or visit your local Social Security office to request an application. Please be sure that all of the requested information is submitted with the applications and that you follow the deadlines.

Social Security Administration TTY 800 325-0778	<a href="http://www.ssa.gov">www.ssa.gov</a>	800 772-1213
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Local Social Security Administration Main Office 601 West Broadway Louisville, KY 40202		502 582-6690
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IN Social Security Administration Federal Building 121 West Spring Street New Albany, IN 47150		812 948-5288
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Numbers which may be helpful to complete disability application:

Medical Records

Baptist Hospital East	502 897-8167
Clark Memorial Hospital	812 283-2275
Frazier (Jewish Hospital)	502 587-4416
Kindred Hospital	502 627-1165
Kosair Children's Hospital	502 629-8700
Norton's Hospital Audubon	502 636-7333
Norton's Hospital Downtown	502-629-8700
Norton's Hospital Suburban	502 893-1018
St. Mary's and Elizabeth	502 361-6623
Southern Indiana Rehab Hospital	812 941-6131
University of Louisville Hospital	502 562-3372

Legal Documents (Birth, Death, Marriage & Divorce)

KY Bureau of Vital Statistics	502 564-4212
IN Bureau of Vital Statistics	317 233-2700
National Record Network	800 255-2414

Legal Assistance

Lawyer Referral Service	502 583-1801
Legal Aid Society	502 584-1254

State Assistance Programs

The Cabinet for Health and Family Services (CHFS) is home to most of the state's human services and health care programs, including Medicaid, the Department for Public Health, and the Department for Community Based Services (DCBS). DCBS has programs for seniors, adults, children, and families. Services are administered through a network of nine service regions and offices in each of Kentucky's 120 counties. The department provides family support, child care, child/adult protection, eligibility determinations for Medicaid and food stamps, energy assistance to low-income households, and administration of an energy cost assistance program. To find an office in your county, visit the website or call the number below.

Division of Family and Children Floyd County 842 University Woods, Suite 9 New Albany, IN 47150	812 948-5480
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Department of Social Insurance Jefferson County 908 West Broadway Louisville, KY 40203	502 595-4238
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Cabinet for Health and Family Services <a href="http://www.chfs.ky.gov">www.chfs.ky.gov</a> Jefferson County, KY 908 West Broadway Louisville, KY 40203	502 595-4238
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Family and Social Service Administration (FSSA) <a href="http://www.in.gov/fssa">www.in.gov/fssa</a> Floyd County Division of Family Resources 800 East 8 <sup>th</sup> Street New Albany, IN 47150	800 403-0864
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Agencies provide most of the following services: Aid to Families with Dependent Children (AFDC), food stamps, Temporary Assistance to Needy Families (TANF), cash assistance, and Medicaid.

Community resources that MAY assist with medications, rent, bills, etc.:

Community Action Agency	502 574-1157
Crisis & Info Center Line	502 589-4313
Louisville Metro Human Services	502 574-8000
Metro Call	311

## Home Accessibility

In preparing for discharge, make sure you complete and turn in the Frazier’s Patient Home Accessibility Form to your therapy team. The information you provide on this form will allow your physical and occupational therapists to make recommendations for equipment or modifications needed in the home to maximize safety and independence after discharge. Your physical or occupational therapist will make the Accessibility Form available to you.

If you have steps to enter your home, you may need to make your home accessibility a priority for discharge planning. Insurance companies do not typically provide coverage for ramps. The resources below may provide some financial assistance but funds are typically limited and often there are waiting lists. You may need to have a ramp built by a private contractor. If you call the Center for Accessible Living, they can give you some names of contractors who may be available and have reasonable costs. (See Housing below.) The KATS Network may be able to assist you with locating used portable ramps or other sources of funding. (See Assistive Technology above.) The Michael Brent Resource Center at Frazier has ramp-building guides for professionals and/or family or friends skilled in construction. These resources offer basic specifications for design and construction of a ramp. The Center for Accessible Living also has lists of area apartments that are wheelchair accessible should you need to consider alternative housing. Ramps take time to build and you should discuss with the treatment team member if one is needed. Please be aware that there are extensive waiting lists at all of these agencies. It is sometimes helpful to ask church congregations or other volunteer organizations to help with construction and/or fundraising.

### Ramps

Center for Accessible Living	<a href="http://www.calky.org">www.calky.org</a>	502 589-6620
New Directions Housing Corporation 1000 E. Liberty Street, Louisville, KY 40204	<a href="http://www.ndhc.org">www.ndhc.org</a>	502 589-2272 888 757-8790
New Directions Housing Corporation 701 E. Spring Street, Suite 208, New Albany, IN 47150	<a href="http://www.ndhc.org">www.ndhc.org</a>	888 757-8790
KATS Network	<a href="http://www.katsnet.org">www.katsnet.org</a>	800 327-5287
Commission for Children with Special Healthcare Needs Jefferson County Ramp Program		502 595-3264 502 574-5134
Lifespan Resources		812 948-8330
Multi-purpose Community Action Agency (MPCAA) Provides services to elderly or low income individuals in need, Covers Bullitt, Shelby, and Spencer Counties, <a href="http://www.mpcaa.org/mpcaa/Home/tabid/36/Default.aspx">http://www.mpcaa.org/mpcaa/Home/tabid/36/Default.aspx</a>		502-633-7162
Centenary United Methodist Church, Shelbyville, KY		502-633-4526

<http://shelbyvillemethodist.com/#/community-outreach/ramp-ministry>

### Federal Tax Benefits

When building ramps or modifying your home, you will need to save your receipts. Home modifications for the disabled and some medical expenses are tax deductible, but are not covered by Medicare or Medicaid. Check with your tax advisor or contact the IRS to determine your eligibility for excluded income, itemized deductions and/or tax credits.

Internal Revenue Service (IRS) [www.irs.gov](http://www.irs.gov) 800 829-1040

### Housing

The Centers for Accessible Living in Louisville and Murray provide individuals with disabilities and their families the following services: advocacy, employment programs, housing, independent living skills, peer counseling, personal care attendant program and ramp building.

Center for Accessible Living [www.calky.org](http://www.calky.org) 502 589-6620  
305 W. Broadway, Suite 200 888 813-8497  
Louisville, KY 40202 TTY: 502 589-6690

Murray, KY 270 753-7676  
1051 N. 16<sup>th</sup> Street, Suite C 888 261-6194  
Murray, KY 42071 TTY: 270 767-0549

River Falls Access Ability Center 812 949-4717  
845 Park Place  
New Albany, IN 47150

CALKY and River Falls will assist with the following:

- Advocacy
- Employment programs
- Housing
- Independent Living Skills
- Peer Counseling
- Personal Care Attendant Program (CALKY only)
- Ramps

### Kentucky Housing Corporation

The Kentucky Housing Corporation provides lower-than-market-rate home mortgages; home ownership education and counseling; rental assistance; and housing rehabilitation and repair programs.

[www.kyhousing.org](http://www.kyhousing.org) 800 633-8896  
1231 Louisville Road, Frankfort, KY 40601

[www.disabled-world.com/disability/finance/american-home-loans.php](http://www.disabled-world.com/disability/finance/american-home-loans.php)  
[www.barrierfreehome.com](http://www.barrierfreehome.com)  
[www.hud.gov/offices/fheo/disabilities/pwd.cfm](http://www.hud.gov/offices/fheo/disabilities/pwd.cfm)  
[www.axesshomes.com](http://www.axesshomes.com)

#### Emergency Shelters

Center for Women and Families 502 581-7222  
226 W. Breckenridge Street  
(Domestic Violence – Females only and children)

Haven House 812 285-1197  
1727 Green Street  
Jeffersonville, IN  
Homeless Shelter for men, women, and children

The Healing Place  
1020 W Market Street (Men) 502 584-6606  
1607 W Broadway (Women) 502 568-6680  
Addiction detox or the overnight stay program for the homeless

Interlink Counseling Services Inc. 502 964-7147  
8311 Preston Highway  
Serves veterans suffering from mental illness or substance abuse

Hoosier Hills PACT 812 883-1959  
Salem, IN  
Women's Domestic Violence Shelter includes children

Wayside Christian Mission  
812 E Market Street (Men) 502 584-3711  
Women and Family 502 589-1581  
Serves all homeless and also mentally ill or disabled

#### **Information Centers – Drug and alcohol**

Alcoholics Anonymous 502 582-1849

Alcohol Abuse Hotline 800 234-0246

Crisis and Information Center 502 589-4313  
800 221-0446

Narcotics Anonymous 812 948-5772

Narcotics Abuse Hotline 800 234-0420



### Information Centers – Spinal cord Injury - National

American Spinal Association <a href="http://www.asia-spinalinjury.org">www.asia-spinalinjury.org</a>	404 345-9772
BME: Biomedical Engineering Resources <a href="http://www.bmenet.org">www.bmenet.org</a>	
Christopher and Dana Reeve Foundation 800 225-0292 <a href="http://www.christopherreeve.org">www.christopherreeve.org</a>	
National Institute on Disability and Rehab Research <a href="http://www.ed.gov/about/offices/list/osers/nidrr">www.ed.gov/about/offices/list/osers/nidrr</a>	
National Information Center for Children and Youth with Disabilities <a href="http://www.nichcy.org">www.nichcy.org</a>	800 695-0285
National Institute of Health <a href="http://www.health.nih.gov">www.health.nih.gov</a>	
National Rehabilitation Information Center <a href="http://www.naric.com">www.naric.com</a>	301 562-2400 800 346-2742
National Spinal Cord Injury Association <a href="http://www.spinalcord.org">www.spinalcord.org</a>	301 214-4006 800 962-962
Paralysis Resource Center <a href="http://www.paralysis.org">www.paralysis.org</a>	800 539-7309
Paralyzed Veterans of America National Headquarters <a href="http://www.pva.org">www.pva.org</a>	800 795-4327
Spinal Cord Injury Information Network: University of Alabama <a href="http://www.spinalcord.uab.edu">www.spinalcord.uab.edu</a>	205 934-3283
<b>Information Centers – Spinal cord Injury – State and regional</b>	
Center for Accessible Living: Disability Resource Center Louisville, KY <a href="http://www.calky.org">www.calky.org</a>	502 589-6620 888 813-8497 TTY 502 589-6690
Murray, KY	270 753-7676 TTD 270 767-0549 888 261-6194
Derby City Chapter, NSCIA David Allgood, President Louisville, KY <a href="mailto:david.allgood@amerihealthmercy.org">david.allgood@amerihealthmercy.org</a>	502 588-8574
Kentucky Assistive Technology Network <a href="http://www.katsnet.org">www.katsnet.org</a>	502 429-4484 800 327-5287
KY Office. of Vocational Rehabilitation	

[www.workforce.ky.gov](http://www.workforce.ky.gov) 800 372-7172

Paralyzed Veterans of America [www.pva.org](http://www.pva.org) 502 566-4430  
Louisville, KY 40202

Paralyzed Veterans of America [pvachkind@mindspring.com](mailto:pvachkind@mindspring.com) 502 635-6539  
Kentucky-Indiana Chapter

Transit Authority of River City [www.ridetarc.org](http://www.ridetarc.org)  
(Louisville and surrounding areas)  
Para-transit Service (transportation for individuals with disabilities)

### Internet Access

If you do not have access to a computer with internet access, visit your local public library. The internet has massive amounts of informational materials available regarding spinal cord injury from all over the world.

Louisville Free Public Library 502 574-1611  
Main Branch  
301 York St.  
Louisville, KY 40203

Jeffersonville Branch 812 282-7765  
211 East Court Ave

Clarksville Branch 812 285-5640  
1312 Eastern Blvd.

New Albany Branch 812 285-8464  
180 West Spring

While at Frazier, visit The Michael Brent Resource Center located on the 11th Floor at Frazier Downtown. The Center offers free internet access.

### Legal Considerations

- Advance Directives are documents that allow you to make decisions regarding your future medical treatment.
- A Living Will tells health care professionals and your family whether or not you want life-prolonging treatment if you are in a terminal condition or a permanently unconscious state. Hospitals and doctors' offices are required by law to ask you if you have this document. Hospitals often have Living Will forms for you to complete if you have done so in the past.
- A Health Care Surrogate is a person you select to make health care decisions if you are unable. You can designate a health care surrogate within your Living Will document.

### Financial Planning.

The following are documents you can draft to prepare for the management of your personal affairs, financial holdings or debts and/or medical treatment decisions. You must be competent to draft these documents. To complete such documents, most consult an attorney.

- A Will directs how you would like your personal belongings and financial holdings managed after your death.
- A Power of Attorney designates a person to handle your financial affairs in your absence.
- A Durable Power of Attorney designates a person to act on your behalf at the time you become incapacitated. It allows your designated person to make personal, financial and medical treatment decisions on your behalf. If you have this document, there is no need to pursue guardianship should you become incapacitated. If you do not have a Durable Power of Attorney in place at the time you become incapacitated, a person who wishes to assist you with your affairs must pursue guardianship.

### Guardianship.

Disability Court for Jefferson County 502 595-4933  
514 W. Liberty St. (Old Jail Building)  
Louisville, KY 40202  
Filing fee/petition \$47.00 (\$87.00 for Emergency Guardianship)  
Process (Evaluated by court appointed interdisciplinary team)  
Evaluations reviewed by judge—makes decision

Time periods for hearings:

Emergency Guardianship 48 hours to 7 days

Guardianship 30 to 60 days

Legal Aid Protections/Advocacy 800 372-2988

### **MEDICAL ASSISTANCE**

The Mission of Family Health Centers, Inc. is to provide residents of Louisville and Jefferson County access to high quality primary and preventive health care services without regard to the ability to pay. Services provided at 7 locations for Louisville and Jefferson County residents include adult and pediatric medical care, Urgent Care, preventive health services/patient education and more. The Centers also accept most health and dental insurance.

Family Health Center, Inc [www.fhclouisville.org](http://www.fhclouisville.org) 502 774-8631  
Medscape [www.medscape.com](http://www.medscape.com)  
Healthfinder [www.healthfinder.org](http://www.healthfinder.org)

### **Nutritional Information – General**

American Dietetic Association [www.eatright.org](http://www.eatright.org) 800 877-1600  
Ask the Dietician [www.dietician.com](http://www.dietician.com)

Cooking [www.cookinglight.com](http://www.cookinglight.com)

### Other Resources

Indiana Neighborhood - [www.ec-online.net/community/neighborhood/in.htm](http://www.ec-online.net/community/neighborhood/in.htm)  
Government links, listing of county offices on aging, local services, agencies, and associations

Indiana Family and Social Services Administration - [www.state.in.us/issa/](http://www.state.in.us/issa/)  
Listing for services for older adults and persons with disability and healthcare information

Al-Anon Family Group - Indiana 812 283-4491

Alcoholics Anonymous - Louisville 502 582-1849

American Red Cross 502 589-4450  
812 283-8416

Derby City Chapter [www.derbycityspinalcord.org/](http://www.derbycityspinalcord.org/)  
Social group for people living with SCI. Meets monthly at Frazier

Facing Disability [www.facingdisability.com/](http://www.facingdisability.com/)  
More than 1,000 videos drawn from interviews of people with SCI, their families, caregivers and experts.

Friends of Frazier [www.friendsoffrazier.org](http://www.friendsoffrazier.org)  
Online community for those connected to Frazier Rehab Institute (family, patients, employees) to gather information, network, ask questions, and tell their stories.

Seven Counties 502 589-8600  
Crisis & Information Center 502 589-4259  
800 221-0446

Kentucky Relay Service 800 648-6056  
(Deaf and Hearing Impaired) Voice users: 800 648-6057

Kentuckiana Regional Planning & Development Agency (KIPDA) 502 266-5571  
866 737-3363

Provides a multitude of services including case management, transportation, advocacy, support for independent living, meals on wheels, respite care and some legal services.

Lifespan Resources 812-948-8330

Meals on Wheels	(Louisville)	502 589-8600
	(Southern Indiana)	812 948-8330

Michael Brent Resource Center [www.spinalcordmedicineresources.com](http://www.spinalcordmedicineresources.com)  
Lending library providing resources on SCI and other disabilities. Located at Frazier Rehab Institute on the 11th floor.

Best Deal Clothing (special needs clothing)	502 961-9588
5007 Poplar Level Road	

Laundry Services	
Baptist Towers	502 587-6632
1014 S 2nd St	

Hillebrand House	502 634-4878
1235 S 3rd St.	

### Support Groups

Support groups bring together people who have common needs or problems for the purpose of sharing information and experiences.

Alzheimer		
National Alzheimer Association	<a href="http://www.alz.org">www.alz.org</a>	800 272-3900
Kentucky Alzheimer Association	<a href="http://www.alzinky.org">www.alzinky.org</a>	502 451-4266

Arthritis		
Indiana Arthritis Foundation		800 783-2342
Kentucky Arthritis Foundation		502 893-9771
National Arthritis Foundation	<a href="http://www.arthritis.org">www.arthritis.org</a>	

Cancer		
American Cancer Society	<a href="http://www.cancer.org">www.cancer.org</a>	800 227-2345
Indiana Chapter		812 282-4266
Kentucky Chapter		502 584-6782

Cardio-Pulmonary		
American Heart Association	<a href="http://www.americanheart.org">www.americanheart.org</a>	
Indiana Chapter		317 352-9226
Kentucky Chapter		502 587-8641
National Lung Association		800 586-4872
Kentucky Chapter	<a href="http://www.kylung.org">www.kylung.org</a>	502 363-2652
Better Breathers Club		812 941-8300

### Caregiver Support

National Family Caregivers Association <a href="http://www.nfcacares.org">www.nfcacares.org</a>		800 896-3650
<b>Death and Grief</b>		
Hospice Foundation of America	<a href="http://www.hospicefoundation.org">www.hospicefoundation.org</a>	800 854-3402
Hospice of Southern Indiana		812 945-4596
Vistacare Hospice		812 944-3690
<b>Diabetes</b>		
American Diabetes Association	<a href="http://www.diabetes.org">www.diabetes.org</a>	800 342-2383
Indiana Chapter		317 352-9226
Kentucky Chapter		502 452-1201
<b>Multiple Sclerosis</b>		
National Multiple Sclerosis Society		800 344-4867
Indiana Chapter	<a href="http://www.msindiana.org">www.msindiana.org</a>	317 870-2500
Kentucky Chapter	<a href="http://www.kynmss.org">www.kynmss.org</a>	502 451-0014
<b>Stroke</b>		
National Stroke Association	<a href="http://www.stroke.org">www.stroke.org</a>	800 787-6537
Kentucky Chapter		502 896-7221
Stroke Education Group @ Frazier	M, W, F 1p 7th Floor Dining Room	
Stroke Support Group @ Southern IN Rehab		812 941-8300
2nd Tuesday of each month 1-2:30p		
Stroke Support Group @ Frazier		502 582-3947
3rd Wednesday of each month 12-1:30p at the Douglass Community Center (off Bardstown Rd)		
Southeast Christian Church	502 499-0190	
Offers more than 20 different support groups		
<b>Pain Management</b>		
American Pain Society	<a href="http://www.ampainsoc.org/">www.ampainsoc.org/</a>	
Partners Against Pain	<a href="http://www.partnersagainstpain.com/">www.partnersagainstpain.com/</a>	
National Foundation for the treatment of Pain	<a href="http://www.paincare.org/">www.paincare.org/</a>	

### **Prescription Assistance**

If you do not have Medicare Part D or have no prescription drug coverage, you may qualify for one of the prescription discount cards listed in the chart below. Call the toll free number, or visit the website with the company to learn more and/or apply.

<u>Pharmaceutical &amp; Card Name</u>	<u>Phone</u>	<u>Qualification</u>	<u>Benefit</u>
Senior Discount Prescription Plan Card	800-977-3862	Free to anyone over 18, no limit on income or health coverage, Not limited to one pharmaceutical company.	Savings of an average of 22% on name brands and an average of 50% on generics,
GlaxoSmithKline Orange Card	888-672-6436	1 person-income less than \$26,000 per year. Couple-income less than \$35,000 per year	You receive an average 30% discount on GlaxoSmithKline products
Eli Lilly and Company Lilly Answers Card	877-RX-LILLY 877-795-4559 www.lilly.com	1 person income less than \$18,000 per year. Couple-income less than \$24,000 per year	You pay a flat \$12 fee on any Lilly retail drug for up to 30 day supply
Pfizer, Inc. Pfizer Share Card	800-459-4156	1 person income less than \$18,000 per year. Couple income less than \$24,000 per year.	You pay a flat \$15 fee on Pfizer prescription drugs for up to a 30 day supply
Together RX	800-865-7211 www.together-rx.com	Receive Medicare, 1 person income less than \$28,000 per year. Couple income less than \$38,000 per year. Have no type of prescription coverage.	Varies depending in the company – ranging from 20% - 40%.
Lovenox	888-632-8607	Patient cannot have or qualify for any prescription coverage for Lovenox, including all federal, state, and local programs. Patient must be a legal resident of the United States. Lovenox must be administered for outpatient use only. 1 person income less than \$17,720 per year. Couple income less than \$23,880 per year.	Varies depending on demonstration of need.

Other suggestions to try to get a prescription filled:

- Ask your private doctor (not the ER doctor) if she/he can provide samples of the medications.
- Ask your private doctor if she/he can refer you to an indigent drug program. These programs require a letter from the doctor.

- Borrow money from a family member or friend.
- Ask your pharmacy to partially fill your medication according to how much you can afford. Then when you get paid, have the rest filled
- Discuss with your doctor the possibility of transferring to a Family Health Center where they may provide assistance with medications. For more information and locations of Family Health Centers, call 502-574-6520 or 502-574-6660.
- Ask your pharmacy if they have any discounts or coupons to distribute.

Items available at Pharmacy Plus, located on the first floor of the Frazier building:  
Self care items or grooming, dressing, hygiene, and feeding:

Button Hook	Suction Denture Brush	Weighted Utensils
Zipper Pull	Long Handled Comb & Brush	Rocker Knife
Dressing Stick	Stainless Plate Guard	Suction Cup
Walker Basket	Beverage Cup Holder	Wanchik Writers
Long handled reachers	Expiratory Muscle Trainers	A dysphagia product: Thickening agent for liquids for patients with swallowing difficulties

Wish's Drugs 502.425.1146  
Local resource providing low prices on medications that are paid for out-of-pocket.

#### Needy Meds

Provides information on pharmaceutical manufacturers that have special programs to assist people who can't afford their medications. [www.needymeds.com/](http://www.needymeds.com/)

#### Protective Services

Most commonly, victims of abuse are children under the age of 18 years, spouses or significant others, disabled adults and the elderly. There are 5 types of abuse: physical, sexual, emotional/psychological, neglect (including self-neglect), and exploitation. State law requires that all abuse, even suspected abuse, be reported. You can make an anonymous report. The Cabinet for Human Resources will not reveal the source of the referral. When reporting, provide as much information as possible regarding the situation, abuser, victim, any others present/witnesses, and demographics (including the time and place where the incident occurred). To make a report, please call:

Kentucky	
Adult Protective Services	502 595-4803
Child Protective Services	502 595-4550
Indiana	800 752 6200
Adult Protective Services	812 285-6264
Child Protective Services	812 288 5400
Floyd County, Indiana	812 949-4055
Harrison County, Indiana	812 738-8168



## **PUBLICATIONS – SPINAL CORD INJURY/DISABILITY**

Ability Magazine	<a href="http://www.abilitymagazine.com">www.abilitymagazine.com</a>	949 854-8700
Mainstream Magazine	<a href="http://www.mainstream-mag.com">www.mainstream-mag.com</a>	
New Mobility Magazine	<a href="http://www.newmobility.com/">www.newmobility.com/</a>	215 675-9133
Paraplegic News	<a href="http://www.pn-magazine.com/">www.pn-magazine.com/</a>	888 888-2201
Sports N’ Spokes	<a href="http://www.sportspokes.com/">www.sportspokes.com/</a>	888 888-2201
Wheelin’ Sportsman	<a href="http://www.wheelinsportsmen.com/">www.wheelinsportsmen.com/</a>	800 THE-NWTF

### **Recreation & Wellness**

The Community Fitness and Wellness Facility at Frazier Rehab Institute is an activity-based exercise program designed specifically for individuals with physical disabilities who are living in the local community. This fully accessible facility is designed to assist clients with cardiovascular/aerobic fitness, muscular strengthening and flexibility. Learn more at \_\_\_\_\_

### **Other Recreation Programs**

Community Fitness & Wellness	<a href="http://www.jhsmh.org">www.jhsmh.org</a>	502 582-7411
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Louisville Metroparks	<a href="http://www.louisvilleky.gov">www.louisvilleky.gov</a>	502 456-8148
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Louisville Metro Senior Services		502 485-8165
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Provides lunch, educational and recreation activities in a multigenerational atmosphere. Call 24 hrs. in advance for reservations.

Jewish Community Center	<a href="http://www.jccoflouisville.org">www.jccoflouisville.org</a>	502 459-0660
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Provides exercise, health promotion, disease prevention, nutrition counseling, recreation, weight management, self defense, hobbies, etc.

Neighborhood House	<a href="http://www.nhky.org">www.nhky.org</a>	502 774-2322
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Provides recreational and physical activities, like bingo, line dancing, card games, tai chi, outings, scheduled activities. Daily lunches require a reservation one day in advance.

New Zion Community Development		502 778-7711
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Provides free exercise and line dancing classes to residents of Park Duvalle and surrounding neighborhoods

### **Transportation, Parking, & Driver Evaluations**

Applications for handicapped parking permits are available at the County Clerk’s Office or the License Bureau. Permits require a physician signature and must be notarized. Permits are available that:

- Attach to the rear view mirror and can be moved from car to car

- Are license plates
- Are street signs that reserve space for parking in front of your home (if you live in the city).

Type	Indiana	Kentucky
Temporary	\$5.00 (6 months)	\$4.00 (good for 6 months)
Placard	No charge (good for 2 years)	\$8.00 (good for 6 years)
Plate	Standard Plate fee	Standard Plate fee

KY Disabled Parking Permit	<a href="http://www.jeffersoncountyclerk.org">www.jeffersoncountyclerk.org</a>	502 574-5700
IN Disabled Parking Permit	<a href="http://www.in.gov/bmv/branches">www.in.gov/bmv/branches</a>	812 282-1862

### Medicaid Transport by County

Services must be scheduled 72 hours in advance. After hours paging is available on weekends and state holidays for immediate or urgent care transportation needs.

<u>Region</u>	<u>Counties</u>	<u>Broker</u>	<u>Address</u>	<u>Phone</u>	<u>Fax</u>
1	Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, McCracken, & Marshall	LKLP Community Action Council	389 Roy Campbell Drive Hazard, KY 41701	800-245-2826  606-435-7998	606-435-1721  606-439-2229
2	Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, & Trigg	Pennyriple Allied Community Services	PO Box 582 Hopkinsville, KY 42240	800-467-4601 270-886-6641	270-886-1256
3	Daviess, Hancock, Henderson, Mclean, Ohio, Union, & Webster	Audubon Area Community Service Inc. (GRITS)	1416 West 9th St. Owensboro, KY 42301	800-816-3511  270-686-1651	270-684-8714
4	Breckinridge, Grayson, Hardin, Larue, Marion, Meade, & Nelson	LKLP Community Action Council	389 Roy Campbell Drive Hazard, KY 41701	800-245-2826  606-435-7998	606-435-1721  606-439-2229
5A	Butler, Hart, Edmonson, Logan, Simpson, & Warren	Audubon Area Community Service Inc.	1416 West 9th St. Owensboro, KY 42301	800-781-8312	270-684-8714

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		(GRITS)		270-782-8312	
5B	Adair, Allen, Barren, Green, Metcalfe, & Taylor	Rural Transit Enterprises Coordinated (RTEC)	PO Box 746 Mt. Vernon, KY 40456	800-321-7832  606-256-9835	606-256-4319
6	Bullitt, Henry, Oldham, Jefferson, Shelby, Spencer, & Trimble	Federated Transit Services of the Bluegrass (FTSB)	1460 Newtown Pike Suite 209 Lexington, KY 40511	888-848-0989	859-233-1668
8	Anderson, Boyle, Casey, Franklin, Garrard, Jessamine, Lincoln, Mercer, Scott, Washington, & Woodford	Bluegrass Community Action Agency	3445A Versailles Rd. Frankfort, KY 40611	800-456-6588  502-695-4290	502-695-6102
10	Fayette	Federated Transit Services of the Bluegrass (FTSB)	1460 Newtown Pike Suite 209 Lexington, KY 40511	888-848-0989  859-233-0066	859-233-1668
12	Bell, Clinton, Cumberland, Knox, Laurel, McCreary, Monroe, Pulaski, Rockcastle, Russell, Wayne, & Whitely	Rural Transit Enterprises Coordinated (RTEC)	PO Box 746 Mt. Vernon, KY 40456	800-321-7832  606-256-9835	606-256-4319
13	Bath, Boone, Bourbon, Boyd, Bracken, Breathitt, Campbell, Carroll, Carter, Clark, Clay, Estill, Elliott, Fleming, Gallatin, Grant, Greenup, Harlan, Harrison, Jackson, Kenton, Knott, Lawrence, Lee, Leslie, Letcher, Lewis, Madison,	LKLP Community Action Council	PO Box 340 Jeff, KY 41751	800-245-2826  606-487-9420	606-487-1889

	Mason, Menifee, Montgomery, Morgan, Nicholas, Owen, Owsley, Pendleton, Perry, Powell, Robertson, Rowan, & Wolfe				
14	Floyd, Johnson, Magoffin, Martin, & Pike	Sandy Valley Transportation Services	81 Resource Court Prestonsburg, KY 41653	800-444-7433  606-886-1936	606-886-7039

Wheelchair Van Transport Services

Vans with wheelchair lifts will provide transportation for specified rates

Able Care	502 267-1911
Greater Harvest	502 778-9004
Mainstream	502 288-1135
Ready Cab	502 451-4114
Wheels	502 561-3690
Wilkerson Transport	502 935-5599
Valley Medical	502 634-2552
Yellow Cab Minivan with Ramp	502 214-7505

TARC 3 via the TARC Paratransit Department  
1000 W. Broadway 502 213-3217  
Louisville, KY 40203 TTY 502 213-3240

[www.ridetarc.org](http://www.ridetarc.org)

To be eligible for TARC 3, individuals must be unable to use fixed-route services due to a disability or functional limitations. TARC 3 costs under \$5.00 one way.

KY Medicaid Members Services	800 635-2570
Passport Health Plans (KY Medicaid Health Maintenance Organization)	
Non ambulance transport	800 485-6531
Ambulance transport	800 296-0517

KY Medicaid has cab vouchers for physician or clinic appointments.  
IN Medicaid has a transportation service available for physician or clinic appointments  
Mainstream Transport Service 812 288-1135

Southern Indiana Area	
Lifespan Resources	812 948-9701
Sellersburg Ambulance	812 246-7233

Yellow Ambulance 812 282-5300

Louisville Area

Red Cross Wheels 502 561-3690

Care A Van 502 634-4444

All County 502 955-9020

### Driver's Evaluation

Frazier can provide individuals with disabilities a driver evaluation that is conducted by an occupational therapist. A physician order is typically required. Some insurance plans will cover the evaluation through OT benefit or a person may be eligible for an evaluation through the Department of Vocational Rehabilitation. Once individuals have the appropriate vehicle modifications installed on their vehicle, Frazier staff may provide appropriate driver education/training.

Frazier Rehab Center/Newburg 502 451-6886

3430 Newburg Rd.

Louisville, KY 40218

### **Travel**

Provides free travel information for those with disability.

Able to Travel

[www.abletotravel.org](http://www.abletotravel.org) 888 211-3635

Access-Able Travel Source

[www.access-able.com](http://www.access-able.com) 303 232 2979

Northeast Passage

<http://www.nepassage.org/>

Endeavour Safaris

<http://www.endeavour-safaris.com/>

Accessible Journeys

<http://www.accessiblejourneys.com/accessible-travel-resources.htm>

SATH

<http://www.sath.org/index.php?sec=768>

US Dept of Transportation, Aviation Consumer Protection

800 778-4835 TTY 800 455-9880

### **Vocational Rehabilitation (See employment)**